Cornell Cooperative Extension Cornell Garden-Based Learning



COVID-19 Guidance on Community Gardens

Text Adapted from NYC Parks Department GreenThumb Guidance, Best Management Practices for UPick Farms (https://greenthumb.nycgovparks.org/, https://greenthumb.nycgovparks.org/)

Please check for changes and guidance from https://forward.ny.gov/

Facts about the SARS-CoV-2 Virus that Causes COVID-19:

- The virus is transmitted person to person through respiratory droplets, which is why 6-foot physical distancing is so important.
- There is no evidence that the virus can be transmitted by food.
- It can persist on surfaces for between 24-72 hours which is why sanitation of commonly touched surfaces is important.
- Risks of infection from touching surfaces can be significantly reduced by avoiding touching the face, frequent handwashing, or use of hand sanitizers.
- Cloth face coverings reduce spreading of the virus by those who may be infected but are not showing symptoms and should be used in addition to physical distance

The World Health Organization has declared the COVID-19 disease, known as the coronavirus, a pandemic. At Cornell Garden-Based Learning, the health and safety of the public and our partners is always our top concern. In compliance with Governor Cuomo's recent executive orders we are providing best management practices to private community gardens, as gardening and landscaping are essential activities across the state. For public community gardens, please consult local governments' guidelines on accessibility to these spaces. Due to the relatively small spaces in most gardens and the difficulty in achieving safe social distancing of 6 feet or more, we recommend signage for social distancing and wearing a face covering. Below are best management practices to help garden groups support their members safely:

- Social Distancing: Community Garden members working in gardens should always observe safe social distancing by keeping at 6 feet between all people
- **Staggering Access:** Garden groups should make best efforts to stagger access to gardens to minimize the number of members inside at the same time. Allocating plots by garden members and eliminating communal garden plots is a best practice to reduce contact.
- **Disinfecting surfaces:** Gardeners should regularly disinfect all communal tools and surfaces, and where possible gardeners should aim to use only their personal tools. Disinfection guidelines can be found on the <u>CDC</u> website. If possible provide gardeners with the materials to disinfect communal tools at the garden site. Two guides to disinfecting tools and surfaces can be found here: https://extension.unh.edu/blog/guide-csa-farmers-amid-covid-19;

https://smallfarms.cornell.edu/wp-content/uploads/2020/05/Cornell-U-Pick-Best-Practices-COVID-19.pdf

- Seeds, Plants & Produce: If a community garden provides seeds to the public, direct ship seeds to their members' homes to reduce needing contact. When using or donating produce, follow Extension guidance on food safety found here:
 https://instituteforfoodsafety.cornell.edu/coronavirus-covid-19/food-industry-resources/
- Review Current COVID-19 Information: Gardeners should review current information and guidelines on COVID-19 on the <u>CDC</u> and <u>NYSDOH</u> webpage, especially with regard to populations at risk.
- Wearing Face Coverings: Remind garden members to wear cloth face coverings, as per NY COVID-19 guidance dated April 17, 2020: https://on.ny.gov/2yyPqej
 - Anyone who is over age two and able to medically tolerate a face covering must cover their nose and mouth with a mask or cloth face covering when in a public.
 - o https://bit.ly/34YQHHy
 - o https://bit.ly/34VUCFe
- **Best Communication Strategies:** Develop a communication strategy to inform community garden members about new COVID-19 practices:
 - o Provide additional handwashing and hand sanitizing opportunities for members.
 - Post signs to emphasize physical distancing and hand sanitation.
 - o Train your garden members on new COVID-19 procedures and policies.
 - Communicate that members should not come to the community garden if they are displaying symptoms of COVID-19 or any contagious illness (e.g., fever, vomiting, diarrhea, coughing, fatigue, body aches), or have come in contact with someone who has.
 - Consider setting up a garden volunteer schedule to reduce too many garden members in the space.
 - o Post signs at the garden entry:
 - Customers who have symptoms or have been exposed to someone with COVID-19 should not enter.
 - Share "Stop the Spread."
 - https://on.ny.gov/3bH6gXj
 - https://bit.ly/2RYLhqN
 - https://bit.ly/2XWBUMf

Thank you in advance for your close attention to New York COVID-19 social distancing guidelines. We encourage you to continue to take all necessary steps to help keep yourself safe during this challenging time. You can learn more, including how to help stop the spread of the coronavirus, on the <u>CDC</u> webpage.

For additional resources on healthy gardening practices, educational videos, materials and gardening supplies as well as guidance on donating produce during COVID-19, please see:

Safe Soil Guidance: http://blogs.cornell.edu/healthysoils/

• Beginning Gardening Guides: gardening.cals.cornell.edu

References:

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New York City Parks Green Thumb Program. (2020, March 21). GreenThumb's News: Important Service Changes. https://greenthumb.nycgovparks.org/news.html?news_id=468

New York State Department of Health. (2020, April 1). https://www.health.ny.gov/

University of New Hampshire Cooperative Extension. (2020, March 20). Guide for CSA Farmers amid COVID 19. https://extension.unh.edu/blog/guide-csa-farmers-amid-covid-19

*Disclosure: This document does not contain legal recommendations and is simply best management practices and that community gardeners need to look at the guidance appropriate for their region on the Moving NY Forward website: https://forward.ny.gov/

Published/Updated: 7/1/2020

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